

1

Why does the passage compare
prayer to eating, drinking, and
breathing?

11sinif short-words-p55-twenty-first-word-first-station-second-
warning-prayer-as-food-for-the-heart-and-spirit

Cevap 1

Because all of them answer repeated needs. Just as the body needs food, water, and air again and again, the inner self also has ongoing needs that prayer meets.

2

How does the passage respond to that objection in a simple way?

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Cevap 2

It says repeated things are not boring when they meet real needs, just like daily food, water, and air.

3

What is the connection between supplication and strength in this passage?

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Cevap 3

Strength comes when a person turns to Allah in need and asks Him for help.

4

What two major pressures on the heart are mentioned?

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Cevap 4

The heart is pressured by many sorrows and also by many attractions and expectations.

5

What does the passage suggest about the emotional burden people carry?

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Cevap 5

People carry a huge load of sadness, worry, desire, and expectation.

6

Why is the spirit described as
connected to many beings?

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warning-prayer-as-food-for-the-heart-and-spirit

Cevap 6

Because it forms attachments widely, and those attachments make separation painful in a passing world.

7

What is the condition of the world as described in the passage?

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Cevap 7

It is described as sorrowful,
crushing, distressing, temporary,
dark, and suffocating.

8

What do the descriptions of the
inner faculty suggest about
human beings?

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Cevap 8

They suggest that people have a deep, delicate inner side that is not satisfied by material life alone.

9

Why does the passage stress that this inner faculty was made for eternity?

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warning-prayer-as-food-for-the-heart-and-spirit

Cevap 9

To show that temporary worldly life alone cannot satisfy what is deepest in a human being.

10

Give a brief thematic summary of the whole passage.

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Cevap 10

The passage teaches that regular prayer is as necessary for the soul as daily necessities are for the body. It nourishes the heart, revives the spirit, and gives the inner self room to live

11

What main objection is being answered in this section about the five daily prayers?

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Cevap 11

The objection is that repeating prayer every day might seem boring or tiring.

12

What does the phrase about
“companions in the house of my
body” point to?

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Cevap 12

It points to the different parts and powers within a person that depend on proper spiritual care.

13

According to the passage, what is one major benefit of prayer for the heart?

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Cevap 13

It supplies what the heart needs
in order to endure pain and
continue with strength.

14

What does the passage say prayer is for the heart, in a broad sense?

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Cevap 14

It is a source of provision and support.

15

Which divine qualities are especially highlighted in this section?

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Cevap 15

Allah's compassion and generosity
are especially highlighted.

16

Why does the spirit need that
kind of refreshment?

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warning-prayer-as-food-for-the-heart-and-spirit

Cevap 16

Because it is connected to many beings in this passing world, and separation from them brings pain.

17

Why is the spirit especially vulnerable in a temporary world?

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Cevap 17

Because it forms bonds with many things, and those things quickly pass away, bringing sorrow of separation.

18

What qualities of the inner human faculty are mentioned near the end of the passage?

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Cevap 18

It is aware, full of light, very delicate, and naturally drawn to eternal life.

19

Why is that subtle faculty
described as especially delicate?

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warning-prayer-as-food-for-the-heart-and-spirit

Cevap 19

Because it is easily affected and belongs to a higher purpose than temporary worldly concerns.

20

How does the passage challenge a person who feels tired of prayer?

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warning-prayer-as-food-for-the-heart-and-spirit

Cevap 20

It challenges that person by showing that prayer meets constant inner needs, so being tired of it is like being tired of food or air.

21

Why does repeating a necessary action not usually make people resent it?

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Cevap 21

Because repeated need turns
repetition into something
beneficial and even welcome.

22

How do those examples help explain the place of prayer in daily life?

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Cevap 22

They show that things we truly need are repeated every day, and prayer belongs in that same pattern of necessity.

23

What action is presented as the way to receive that help?

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Cevap 23

Turning to Allah in prayer and asking Him sincerely.

24

What does prayer provide for the spirit, according to the passage?

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Cevap 24

It provides life-giving refreshment
and spiritual vitality.