

1

Why does the passage compare prayer to eating, drinking, and breathing?

lisans short-words-p55-twenty-first-word-first-station-second-warning-prayer-as-food-for-the-heart-and-spirit

Cevap 1

It shows that repeated things do not become meaningless when they answer real needs. Prayer is presented as a repeated need of the inner life, just as food, water, and air

2

According to the passage, which parts of the person benefit from the five daily prayers?

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Cevap 2

The body's inner companions, the heart, the spirit, and the finer inner capacities all benefit.

3

What does the passage say the heart receives through prayer?

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Cevap 3

It receives support and nourishment from the mercy and generosity of Allah, especially while carrying many sorrows and hopes.

4

How is the spirit described, and
what does it gain through the
prayers?

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Cevap 4

It is described as tied to many beings in a world of constant separation, and through prayer it receives life-giving refreshment from divine mercy.

5

What condition of worldly life
makes prayer especially necessary
for the subtle inner faculties?

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Cevap 5

Worldly life is described as painful, heavy, temporary, dark, and suffocating, so those inner faculties need prayer as a way to breathe.

6

What does the image of knocking
on a door suggest about
supplication?

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Cevap 6

It suggests humble turning to Allah, asking from Him directly, and expecting provision and strength from His mercy.

7

Why does the passage connect boredom with a wrong view of prayer?

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Cevap 7

Because if prayer is seen as a burden only, its deep spiritual function is missed. The passage argues that prayer actually meets urgent and ongoing inner needs.

8

What can we infer about the author's view of the human being from this warning?

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Cevap 8

A human being is not only a physical creature. The person has emotional, spiritual, and subtle dimensions that need regular care through worship.

9

What main claim is made in the second warning about the five daily prayers?

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Cevap 9

The main claim is that they should not feel tiresome, because they answer essential needs within a person.

10

How does the example of bread, water, and air support that claim?

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Cevap 10

Those things are needed again and again, yet people do not resent them. Their repeated use brings comfort because the need keeps returning.

11

What does the passage suggest about the emotional state of the heart?

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Cevap 11

The heart is weighed down by many griefs and also pulled by many desires and expectations.

12

Why is Allah described with qualities of mercy and generosity in this section?

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Cevap 12

Those qualities fit the idea that the one who prays is turning to a Lord who gives, cares, and responds to need.

13

What problem of the spirit is highlighted in the passage?

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Cevap 13

The spirit suffers from living among beings that quickly pass away, so it feels separation and loss.

14

In this warning, what role do the prayers play for the spirit?

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Cevap 14

They connect the spirit to a lasting source of mercy and life beyond the passing nature of the world.

15

What is meant by saying that an inner faculty needs air through the window of prayer?

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Cevap 15

It means that prayer opens relief, openness, and spiritual survival for a delicate inner dimension that would otherwise feel trapped by worldly pressures.

16

What larger lesson about human need comes out of the whole warning?

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warning-prayer-as-food-for-the-heart-and-spirit

Cevap 16

Human need is deeper than material survival. People also need spiritual nourishment, mercy, and connection with the Eternal.

17

Who is being addressed in this passage, and why is that important for understanding the tone?

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Cevap 17

The speaker addresses the lower self. That matters because the tone is corrective, self-critical, and meant to wake a person up from heedlessness.

18

What kind of self is being criticized at the start of the warning?

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Cevap 18

It is a self focused on bodily
appetite and comfort.

19

Why would repeated prayer be expected rather than surprising, based on this passage?

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Cevap 19

Because the needs it answers
come back every day, just like
physical needs do.

20

What does the passage teach about the relationship between supplication and strength?

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warning-prayer-as-food-for-the-heart-and-spirit

Cevap 20

Strength for the heart comes through asking Allah and relying on His compassion and generosity.

21

How does the passage describe the world from the point of view of the inner life?

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Cevap 21

It describes the world as narrow, distressing, temporary, and hard to bear for the inner self.

22

What does the passage imply
about human longing for
permanence?

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Cevap 22

It implies that part of the human being was made with a desire for lasting life and is not satisfied by a passing world.

23

Why is prayer presented as more than a legal duty here?

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warning-prayer-as-food-for-the-heart-and-spirit

Cevap 23

It is also shown as spiritual care, emotional support, and a means of keeping the inner self alive.

24

What is the effect of the final
description of the subtle faculty
as delicate and connected to the
Eternal?

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Cevap 24

It deepens the sense that prayer is necessary, because something so fine and eternity-oriented cannot thrive in worldly suffocation without divine connection.